



PERIOPERATIVE TELEHEALTH EVALUATIONS

Perioperative Telehealth Evaluations™ GLUCOMETER SETUP & USE GUIDE

This guide supports blood glucose awareness before and after surgery. Use only if instructed by your healthcare provider.

Getting Started

1. Wash hands with soap and warm water. Dry completely.
2. Insert a test strip into the glucometer.
3. Prepare the lancing device with a new lancet.
4. Use the side of the fingertip for testing.
5. Apply blood to the test strip as instructed.
6. Record your result in the tracking log or app.

Disclaimer: Educational use only.